

Testimonials, emails, kudo's and warm & fuzzies.....

Sharon:

Many thanks for all the great work that you performed for us at Canterra!! If ever you require a reference, I can provide an excellent one.

All the best in the New Year. We'd love to meet with you before you head off.

David Sippell

CANTERRA SEEDS

Good morning:

I wanted to thank you again for Saturday. You asked the "tough" questions and got us thinking about some critical issues within our business, our personal values and challenging our dreams , what we can and will actually deliver this time around.

You brought home that we must continue to build on our foundation...before leaping into other areas...this will lead me to work on some particular areas and fine tune what it means to me, to us, to Options ...etc. which is a great evaluation process.

*I am a thinker and you provided me with lots to think about and to act on.
Thank you ☺*

Eddie Calisto-Tavares

Consultant, Coach, Speaker

Options for Success

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A big huge thank you to all.....

To Barb, Sharon, Shirley and Joanne.....WOW.....each one of you added something so different and powerful to the day.....it just ' zoomed by' (lol.....ok, so that was lame...!!)

Thank you X 10000.....for taking the time and effort to do them.....I know I really appreciated mine.

OK - well I am busy with more events.....as I am sure we all are but I had to thank you as a group.....AMAZING

Brad Tyler-West

Speaker, Coach and Change Guru

"remember, 'normal' is a setting on your dryer..

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----- Original Message -----

From: Sam Katz

To: Sharon Lancaster

Sent: Tuesday, June 29, 2004 6:03 PM

Subject: Thanks...for all you did

Thank you so much.

Sam

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Dear Mr. DiFillippi:

I have attended several of Ms. Lancaster's lectures. She can engage the audience in her presentations.

Her presentation style is that of quite power and very informative. Her ability to keep the audience interested throughout the presentation is done with charm, wit, humor and her comfort level with the subject at hand. Ms. Lancaster comes well prepared and has done research on who her audience is.

I have called on her expertise numerous times as a presenter and have been fortunate to be in the audience of her presentations. She also has the technical ability to create interesting power points and the use of technology with her presentations.

Should you require additional information, please feel free to contact me directly at 204.889.1964

Regards,
Liz Barron
Raven and Associates Cultural Consulting

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Sharon,

Thanks for making the Speakers School so fabulous! Your presentations were excellent! Thanks for sharing your time and your wisdom.

Benita Stafford-Smith

Life and Business Coach

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Hi Sharon,

We always forward ratings and comments from the cruise lines immediately upon receipt from the cruise lines. We did receive the following comments from the Diamond Princess:

CD Feedback: (Chris Nichol) Just wanted to send you some feedback on Sharon Lancaster "Health & Wellness Lecturer". Sharon presented all her lectures and was well received by the audience in the Wheelhouse Lounge.

After listening to one of her lectures I thought the topics might be better held in a larger auditorium. I decided to show Sharon the "Lifestyle Room" and introduce her to the Manager and suggested to both of them that that the "Lifestyle Room" would be perfect venue for her lectures. Sharon was delighted with the idea. So just wanted you to know this, if you are going to use her on another one of our ships.

Thank you.

Best regards,

Paul DiFilippi

Manager of Entertainment Programs

Sixth Star Entertainment & Marketing

To the Board

The success of the Mayor's Luncheon for the Arts is an historic milestone along the road to a more concrete recognition of the value of the Winnipeg arts community and the effectiveness of the Winnipeg Arts Council as a catalyst for further cultural development in our city.

It was especially gratifying to be able to share this moment with our host, Mayor Sam Katz. His presence and his words of support and encouragement helped to bolster the spirits of all in attendance. I am certain that we are all grateful that he made time in his busy schedule to acknowledge the accomplishments of the cultural sector.

As the accolades and the words of encouragement come in, I would like to take this opportunity to congratulate all of you for being a part of the collective will that moved this project forward. We owe a special note of thanks to Sharon Lancaster for introducing the concept to us, initiating the process, marketing and most importantly being our Master of Ceremonies. Lastly, but certainly not as a measure of their contribution, I would like to thank Carol, Tamara, Cam, Trish, and Tanya for doing all of the "leg work". What a team!

Spencer Duncanson
Chair, Winnipeg Arts Council

WOW! You made it happen, Sharon. Way to go!
Shawna

Original Message:

From: Sharon Lancaster slancaster@shaw.ca
Subject: Mayor's Luncheon for the Arts - Sold Out
With 18 days to go before the event - the Winnipeg Arts Council's Mayor's
Luncheon for the Arts is now officially
SOLD OUT!!

We had estimated a crowd of approximately 300 guests for this event,
however the response has been overwhelming. We now have maximum room
capacity sold at 360 tickets, with awaiting list for tables and tickets
rapidly accumulating, and the WAC's phone has not stopped ringing!!

Sharon Lancaster

Hi Sharon,

Patria and I would like to thank you for helping us achieve our dream of owning our first home. Your
work and advice was very much appreciated. We hope that you may be so kind as to offer your service
at a future time.
Once again, thank you.

Ferron & Patria Shaw

Kudos to you!
Wonderful to see your name on the Top 100 Western Canada RE/MAX top producers list
for November...Great Work!!!
Ari Lahdekorpi
Broker/Manager
RE/MAX professionals
Cell: 204-232-3710

From: mary-jane debreuil

To: Sharon Lancaster

Subject: E-Day

Way to go Sharon!!! Thanks to all your hard efforts, Sam was a landslide. What a great addition to your company brochure! Sorry I missed out on the party.

Talk soon! Mary Jane

Hello,

Ms. Lancaster has an energetic, positive and very professional presentation style. She speaks with passion, wit and authority, and brings a wide range of life experience to the table. She is also able to find the everyday application of even the most complex subjects, and therefore helps her audience to better understand how the information may bring new knowledge, meaning and insight to their lives. I found her presentation to be educational, motivational and, above all, delivered with humour and great enthusiasm.

Regards,

Barbara Edie



Letter of Reference – Sharon Lancaster

As the President of the Advertising Association of Winnipeg (AAW) from 2004 to 2006, I had the great pleasure of working with Sharon Lancaster as the Education Director, in charge of the AAW Media Buying Course.

Sharon took on the challenging task of creating and writing all of the materials for the 10 week course, along with presiding over each class, arranging for all speakers and actively instructing portions of each of the 10 modules.

Sharon is a very highly regarded speaker by both the Board of Directors for the AAW, as well as by the students who have taken the Media Buying Course. I personally attended most of the classes and was very impressed with Sharon's knowledge of the Advertising & Marketing industry as well as with her abilities as an instructor and a motivational speaker.

If you have any questions or require further information regarding Sharon's many contributions to The Advertising Association of Winnipeg, please feel free to contact me at MF1 Marketing 204-237.8514 x. 234.

Sincerely,

Heather M Perkins

Past President - AAW